

# The SPA

EST 1996

## WELLNESS

### BORACAY



THE LIND  
BORACAY

Beach level, The Lind Boracay, Station 1, Brgy. Balabag,  
Boracay Island, Malay, Aklan, Philippines





Welcome to The Spa Wellness Boracay, a realm of relaxation offering guests top-notch spa services. Indulge in our carefully curated selection of massages and treatments, designed to provide the ultimate rejuvenation experience amidst a tropical paradise.

Get away from it all and immerse yourself in complete wellness with the expertise of our skilled therapists, providing genuine and safe pampering. Whether you prefer the privacy of your own room, the serene ambiance of the poolside, or the relaxing facility of The Spa Wellness Boracay, we have the perfect space for your blissful escape.

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THE LIND  
BORACAY





# MASSAGES

## DURATION

## SPA ROOM / POOL SIDE RATES

## IN-ROOM RATES

### SHIATSU

This Japanese-style acupressure massage works on vital energy points to unblock and balance the body's chi. Relaxing and rejuvenating.

60 mins.

90 mins.

2,900

4,000

3,400

4,500

### SWEDISH

The flowing strokes of this classic method soothe sore muscle, increase circulation and relieve body tension.

60 mins.

90 mins.

2,900

4,000

3,400

4,500

### COMBINATION

The muscle-soothing flow of Swedish massage coupled with the chi-balancing power of Shiatsu's finger pressure.

60 mins.

90 mins.

2,900

4,000

3,400

4,500

### DEEP TISSUE

The invigorating massage technique uses elbows and forearms to work on deeper tissues. The result is a profound relief from muscle tightness.

60 mins.

90 mins.

3,800

4,800

4,400

5,400

### AROMATHERAPY

Aromatherapy blends elevate the classic Swedish massage into an experience that renews the spirit. Seek balance, energy or serenity

60 mins.

90 mins.

3,100

4,300

N/A

### TRADITIONAL HILOT

A powerful therapy rooted in Filipino wellness tradition with light to medium pressure strokes that soothe and restore using warm virgin coconut oil.

75 mins.

5,300

N/A

### VOLCANIC ROCK

Warm volcanic stones are the ultimate treatment for aching muscle, directing the body's vital flow to clear blockage. Relaxing, stimulating and detoxifying.

75 mins.

6,700

N/A



# BODY TREATMENTS

DURATION

SPA ROOM  
RATES

## CRYSTALLINE SKIN BODY TREATMENT

Works on both skin and soul to reveal a youthful, healthy glow. Brighten and smoothen with a premium-grade scrub of chamomile, rosemary, jojoba beads, and lemon. Calm the spirit with a soul-soothing full body massage.

90 mins.

5,300

## TONING BAMBOO REVIVAL

Renew both body and mind with this innovative body contouring and sculpting treatment. Precious spice powder wrap works against cellulite, while an invigorating massage with Chinese bamboo canes and floral balm targets and shapes the silhouette.

90 mins.

5,300

## COFFEE RUB

Rejuvenating Batangas coffee scrub energizes tired and sluggish skin, jumpstarts circulation and helps with cell metabolism and cellulite treatment. Complete the experience by recharging with a full-body massage.

90 mins.

5,300

## REFINED SALT BODY SCRUB

Cleanse using naturally refined sea salt that provides the ultimate skin and body purifying treatment. The definitive in exfoliation reveals silky, satiny skin. A full-body massage that clears the mind and body.

90 mins.

5,300

## TROPICAL REJUVENATION

Travel to this tropical oasis for noticeably smoother, firmer and radiantly glowing skin. Mango, passion fruit and yogurt brighten and even out skin tone, counteract aging and deliver toning benefits.

90 mins.

6,300

## HONEY BODY POLISH

Reveal silky, satiny skin. Refined sea salt provides the ultimate in exfoliation, then a honey and milk wrap deeply moisturizes. Soak in a warm bath to cap off this experience.

60 mins.

5,300





# FACIAL & FOOT CARE

DURATION

SPA ROOM  
RATES

## RESTORATIVE WATER LILY FACIAL

Repairs aging, damaged, irritated skin with essences from water lily, a flower with exceptional curative powers. Combined with hazelnut oil and Vitamin E, this facial increases collagen synthesis to soothe, fight stress, target redness and provide super hydration.

60 mins.

4,600

## SIGNATURE AGE DEFENSE TREATMENT

Instantly reduce fine lines and wrinkles with this revolutionary blend of highly effective anti-aging ingredients: pure caviar, pearl and phyto extracts. Clinically proven to improve elasticity, ultimate in hydration and reverse skin aging.

60 mins.

5,600

## SIGNATURE MEN'S FACIAL

Specially formulated to target male-specific skin needs, correcting and balancing with highly effective phyto extract and essential vitamin essences. Skin is purified, hydrated and renewed.

60 mins.

4,400

## FEETISH FOOT SPA

Cleanse and care for the feet. Enjoy a soak, scrub and filing followed by a foot mask for deep conditioning.

45 mins.

1,800

## ORIENTAL FOOT THERAPY

Ancient Chinese reflexology massage that aims for total wellness by targeting pressure points on the feet that correspond to specific body areas. Provides relief from aches and pains, healing, re-balancing and detoxifying.

60 mins.

2,300



# WELLNESS PACKAGES

DURATION

SPA ROOM  
RATES

Experience our promise of ultimate relaxation with The Spa Wellness Packages, **including a 30-minute use of the infrared sauna.**

Prior reservation is required.

## REFRESHING START

Achieve complete renewal from head to toe with the Refreshing Start Package. Revitalize with a 60-minute classic massage & a 30-minute body scrub, followed by a soothing Water Lily Facial.

180 mins.

8,200

## GENTLEMAN'S PACKAGE

A relaxing experience curated for the gents. Enjoy a 60-minute classic massage & a 30-minute body scrub, followed by The Spa's Signature Men's Facial.

180 mins.

8,200

## AGE DEFYING ESSENTIAL

Reduce fine lines and wrinkles with this blend of highly effective anti-aging ingredients. A complete rejuvenating package including a 60-minute classic massage & a 30-minute body scrub, followed by The Spa's Signature Age Defense treatment.

180 mins.

9,200

## TOTAL INDULGENCE

Experience complete relaxation and rejuvenation with the Total Indulgence Package, providing a full restoration for both the mind and body. Indulge in a 60-minute classic massage, a 60-minute facial, and a foot spa all in this ultimate wellness package.

180 mins.

10,200



## ENVIRONMENT

The Spa Wellness is a place to restore your energy and relax. In order to maintain a serene and calm atmosphere, we kindly ask you to keep mobile phones on silent mode. Video calls and loud music are not permitted in The Spa Wellness premises.

## ARRIVAL AND ETIQUETTE

We recommend you arrive 15 minutes prior to your appointment time to ensure your treatment starts on time.

Late arrivals may result in a reduction of your treatment experience.

## PERSONAL MATTERS

Please inform us of any health conditions at the time of booking. You will also be asked to complete a pre-treatment form upon arrival, so we can better customise your experience to your needs.

## CANCELLATION POLICY

If you wish to reschedule or cancel any spa appointments, please notify The Spa Wellness team four hours in advance. Missed appointments without proper notices are subject to 50% charge.

To make any changes to your booking, please contact The Spa Wellness by dialing 8202.

## TAX

Prices are in Philippine Peso net and inclusive of any applicable taxes.